

CHE NOIR

FOOD FOR THOUGHT



Intro: Eat To Live • Split The Bread

Eat Or Starve (feat. Jynx716)

Daily Bread (Skit) • Bless The Food

Ladies Brunch (feat. 7xvethegenius & Armani Caesar)

Praises • Table for 3 (feat. Ransom & 38 Spesh)

Gold Cutlery (feat. Rome Streetz) • Brains For Dinner

Water To Wine (Prelude) • Communion

The Shea Butter Queen is back! It's been more than a year since her last release, *After 12*, but Che has returned with a body of work that she clearly spent her time on. She not only serves up a barrage of bars on *Food For Thought*, but also produces 6 of 12 tracks. The other 6 cuts are handled by TrickyTrippz, JR Swiftz & Motif Alumni, Chup, and a couple up-n-comers. Guests include 38 Spesh, Ransom, Rome Streetz, Armani Caesar, 7xvethegenius, and more.

FORMAT: CD
CATALOG: TCF102-CD
LABEL: TCF Music Group LLC
STREET: 05/20/22



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Food For Thought will be shipping in a random split between the photo and the illustrated cover art shown here.

**A1. Intro: Eat To Live • A2. Split The Bread • A3. Eat Or Starve (feat. Jynx716) • A4. Daily Bread (Skit)
A5. Bless The Food • A6. Ladies Brunch (feat. 7xvethegenius & Armani Caesar)**

**B1. Praises • B2. Table for 3 (feat. Ransom & 38 Spesh) • B3. Gold Cutlery (feat. Rome Streetz)
B4. Brains For Dinner • B5. Water To Wine (Prelude) • B6. Communion**

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